

# Appendix A

## *Child Obsessive Compulsive Inventory (Child OCI)*

The following statements are about things that happen to many people in their everyday lives. For each statement, draw a circle around the number which says best how much it has troubled you in the **last week**.

**0 = has not troubled me at all**

**1 = troubled me a little**

**2 = definitely troubled me**

**3 = troubled me a lot**

**4 = troubled me extremely**

	<i>Not at all</i>	<i>A little</i>	<i>Definitely</i>	<i>A lot</i>	<i>Extremely</i>
1 Bad thoughts come into my mind even if I don't want them to, and I can't get rid of them.	0	1	2	3	4
2 If I touch or if I'm near sweat, saliva, blood, or urine I might get germs on my clothes or somehow be harmed.	0	1	2	3	4
3 I ask people to repeat things to me many times, even though I knew what they meant the first time.	0	1	2	3	4
4 I have to wash and clean all the time.	0	1	2	3	4

	<i>Not at all</i>	<i>A little</i>	<i>Definitely</i>	<i>A lot</i>	<i>Extremely</i>
5 I have to think through things that happened in the past to make sure that I didn't do something wrong.	0	1	2	3	4
6 I have saved up so many things that they get in the way.	0	1	2	3	4
7 I check things more often than I need to.	0	1	2	3	4
8 I try not to use public toilets because I am afraid of disease or germs.	0	1	2	3	4
9 I check doors, windows, drawers, etc. over and over.	0	1	2	3	4
10 I check water taps and light switches over and over after turning them off.	0	1	2	3	4
11 I collect things I don't need.	0	1	2	3	4
12 I sometimes think I might have hurt someone without knowing it.	0	1	2	3	4
13 I have thoughts that I might want to hurt myself or others.	0	1	2	3	4
14 I get upset if things are not arranged properly.	0	1	2	3	4
15 I have to follow a certain order in dressing, undressing and washing myself.	0	1	2	3	4
16 I feel I have to count while I am doing things.	0	1	2	3	4
17 I am afraid of doing embarrassing or harmful things on impulse.	0	1	2	3	4

18	I need to pray to stop bad thoughts or feelings.	0	1	2	3	4
19	I keep on checking homework or other things I have written.	0	1	2	3	4
20	I get upset at the sight of knives, scissors and other sharp objects in case I lose control with them.	0	1	2	3	4
21	I am concerned too much about being clean.	0	1	2	3	4
22	I find it hard to touch an object when I know it has been touched by strangers or certain people.	0	1	2	3	4
23	I need things to be arranged in a certain order.	0	1	2	3	4
24	I get behind in my schoolwork because I do the same things over and over again.	0	1	2	3	4
25	I feel I have to repeat certain numbers.	0	1	2	3	4
26	After doing something carefully, I still feel I have not finished it.	0	1	2	3	4
27	I find it hard to touch rubbish or dirty things.	0	1	2	3	4
28	I find it hard to control my own thoughts.	0	1	2	3	4
29	I have to do things over and over again until it feels right.	0	1	2	3	4
30	I am upset by bad thoughts that come into my mind even though I don't want them to.	0	1	2	3	4

	<i>Not at all</i>	<i>A little</i>	<i>Definitely</i>	<i>A lot</i>	<i>Extremely</i>
31 Before going to sleep I have to do certain things in a certain way.	0	1	2	3	4
32 I go back to places to make sure that I have not harmed anyone.	0	1	2	3	4
33 I often get nasty thoughts and it's hard to get rid of them.	0	1	2	3	4
34 I try not to throw things away because I am afraid I might need them later.	0	1	2	3	4
35 I get upset if others change the way I have arranged my things.	0	1	2	3	4
36 I feel that I must repeat certain words or phrases in my mind to wipe out bad thoughts, bad feelings or bad things I do.	0	1	2	3	4
37 After I have done things, I'm never quite sure whether I really did them.	0	1	2	3	4
38 I sometimes have to wash or clean myself just because I feel have germs.	0	1	2	3	4
39 I feel that there are good and bad numbers.	0	1	2	3	4
40 I check anything which could go on fire over and over.	0	1	2	3	4
41 Even when I do something very carefully I feel that it is not quite right.	0	1	2	3	4
42 I wash my hands more often or longer than I need to.	0	1	2	3	4

W	C	D	O	Ob	H	N
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
			Total			
			<input type="text"/>			

***Instructions for scoring the Child Obsessive Compulsive Inventory***

- Add together the scores for questions 2, 4, 8, 16, 21, 22, 27, 38, 42 to obtain the score for Washing subscale (box labelled W).
- Add together the scores for questions 3, 7, 9, 10, 19, 24, 32, 40 to obtain the score for the Checking subscale (box labelled C)
- Add together the scores for questions 26, 37, 41 to obtain the score for the Doubting subscale (box labelled D)
- Add together the scores for questions 14, 15, 23, 29, 31, 35 to obtain the score for the Ordering subscale (box labelled O)
- Add together the scores for questions 1, 12, 13, 17, 20, 28, 30 to obtain the score for the Obsessionality subscale (box labelled Ob)
- Add together the scores for questions 6, 11, 34 to obtain the score for the Hoarding subscale (box labelled H)
- Add together the scores for questions 5, 18, 25 to obtain the score for the Neutralising subscale (box labelled N)
- Add all the above scores to generate the total score for the OCI.